






Croftmalloch Nursery Home Learning: Sports Week

Here are some suggested activities that you may like to do with your child to consolidate and further develop their learning:

	<p>Literacy: Use your listening skills by playing Simon Says. Remember to only do the action when Simon Says.</p>	<p>Literacy: Play follow the leader with someone using actions such as hopping, running, jumping, twirling, balancing</p>	<p>Literacy: Look for pictures in books or magazine that show skipping, hopping or jumping. Maybe you could cut the pictures out if it is an old magazine.</p>
	<p>Numeracy and Maths: Do a warm up dance with sticky kid's, sing along to this song https://www.youtube.com/watch?v=P9szY67XXis</p>	<p>Numeracy and Maths: Give the flowing activates a try for 5 minutes, count how many you can do, write the numbers down for each activity. 1, Bend down touch your toes. 2, Jumping Jacks. 3, Throw a ball in the air and catch. 4, Hop on one leg.</p>	<p>Numeracy and Maths: Using your numbers spread them out all mixed up and play a number game. Ask an adult to shout out a number and you have to run to it and then back to your adult for them to give you another number to find. When finished place the numbers in order.</p>
	<p>Health and Wellbeing: Assault Course: Can you make your own assault course either in the garden or indoors where you can get from one side of the space to the other side without touching the ground?</p>	<p>Health and Wellbeing: Basket Throw: Can you collect 3 baskets/boxes and 5 pairs of sock balls around the house? Place them 2 feet apart and stand on a spot a distance from the boxes, take turns at throwing balls into the baskets/boxes, the person with the most wins.</p>	<p>Health and Wellbeing: Family Planking Challenge: Can you go up against your family by seeing how long you can hold your body in a planking position the last person to fall wins?</p>